

# PRAYERS IN PREPARATION OF FIRST HOLY COMMUNION

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### Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### Glory be to the Father

Glory be to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning,  
is now and ever shall be,  
world without end. Amen.

### Morning Prayer

Father in heaven, you love me, you're with me night  
and day. I want to love you always in all I do and say.  
I'll try to please you, Father.  
Bless me through the day. Amen.

### Night Prayer

God, our Father, I come to say thank you for your love  
today. Thank you for my family, and all the friends you  
give to me. Guard me in the dark of night,  
and in the morning send your light. Amen.

### Grace before Meals

Bless us, O God, as we sit together.  
Bless the food we eat today.  
Bless the hands that made the food.

### Grace after Meals

Thank you, God, for the food we have eaten.  
Thank you, God, for all our friends.  
Thank you, God, for everything.  
Thank you, God. Amen.

### Our Father

Our Father who art in heaven  
hallowed be thy name.  
Thy kingdom come,  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread  
and forgive us our trespasses  
as we forgive those who trespass against us,  
and lead us not into temptation  
but deliver us from evil. Amen.

### Hail Mary

Hail Mary, full of grace, the Lord is with thee.  
Blessed art thou among women  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, mother of God, pray for us sinners,  
now, and at the hour of our death. Amen.

### Prayer to Jesus

Christ be with me.  
Christ be beside me.  
Christ be before me.  
Christ be behind me.  
Christ at my right hand.  
Christ at my left hand.  
Christ be with me everywhere I go.  
Christ be my friend, for ever and ever. Amen

### Prayer to the Trinity

Praise to the Father.  
Praise to the Son.  
Praise to the Spirit.  
The Three in One.

### Prayers to Mary

Mary, mother of Jesus,  
I want to love and love like you.  
I want to love the Father, I want to love like Jesus.  
Mother of Jesus, blessed are you.  
Mother of Jesus, my mother too.  
Help me to live like Jesus and help me to live like you.

### Prayers to the Holy Spirit

Holy Spirit, I want to do what is right.  
Help me. Holy Spirit, I want to live like Jesus.  
Guide me. Holy Spirit, I want to pray like Jesus.  
Teach me. Amen.

Spirit of God in the heavens.  
Spirit of God in the seas.  
Spirit of God in the mountain-tops.  
Spirit of God in me.  
Spirit of God in the sunlight.  
Spirit of God in the air.  
Spirit of God all around me.  
Spirit of God everywhere.  
Holy Spirit, Spirit of God help me. Amen.

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### **Confiteor/I Confess...**

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever -Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord, our God.

Be near me, Lord Jesus,  
I ask you to stay close by me forever  
and love me, I pray.  
Bless all of us children in your loving care  
and bring us to heaven to live with you there.

I'm ready now, Lord Jesus,  
To show how much I care.  
I'm ready now to give your love  
at home and everywhere. Amen.

### **Act of Sorrow**

O my God, I thank you for loving me.  
I am sorry for all my sins,  
for not loving others and not loving you.  
Help me to live like Jesus and not sin again. Amen.

### **Prayer for Forgiveness**

O my God, help me to remember the times  
when I didn't live: as Jesus asked me to.  
Help me to be sorry and to try again. Amen.

### **Prayer after Forgiveness**

O my God, thank you for forgiving me.  
Help me to love others.  
Help me to live as Jesus asked me to. Amen.

### **Prayer before Communion**

Lord Jesus, come to me,  
Lord Jesus, give me your love.  
Lord Jesus, friend of children, come to me.  
Lord Jesus, you are my Lord and my God.  
Praise to you, Lord Jesus Christ.

### **Prayer after Communion**

Lord Jesus, I love and adore you.  
You're a special friend to me.  
Welcome, Lord Jesus, o welcome.  
Thank you for coming to me.

Thank you, Lord Jesus, o thank you  
for giving yourself to me.  
Make me strong to show your love  
wherever I may be.